



At Takst a Village...

Your child is a social 6 month old!

Babies who are 6 months old are beginning to develop social and emotional relationships, interacting with parents and other adults, often as the center of attention in group gatherings. Peek a boo is a fun game to play at this age as children are learning to interact with people. 6 month olds are not yet mobile, so they are the perfect companion for a stroll in the park or the mall, unless of course, they are not fed!! 😊 Shortly after this new found social period, babies will often develop stranger anxiety. Read on to find out other things your infant may start doing over the next three months.

Development:

- Will crawl, creep, scoot
- Pincer grasp
- Will engage in social games
- Will understand “No”
- Stranger anxiety

Safety:

- Lower crib mattress
- Continue to keep child in rear facing car seat until 12 months and 20 pounds
- Use few consistent rules
- Beware of hazards in non-child proofed places you take your child
- Avoid baby walkers

Nutrition:

- Introduce solids if not yet done, introduce foods one at a time, starting with rice cereal, moving to vegetables, then fruits. Try each food by itself for 3-5 days before adding another as to avoid allergic reaction with unidentified single food. Meats may be introduced at 8 months.
- Start offering cup with water or juice
- No bottle propping or placing child to bed with bottle

When to call for our advice:

- Fever greater than 100.4 rectally
- Skin rash that looks red pin pricks or purplish spots
- Inconsolability/irritability
- Failure to eat
- Persistent vomiting, diarrhea

You may give your infant Tylenol drops. Your baby’s Tylenol dose is _____.

You may give your infant Motrin/Advil/Ibuprofen drops. Your baby’s dose is _____.

If you have any questions/concerns, please call our office at 969-9611 and we will be happy to assist you. Enjoy your sweet baby!