



At Taber a Village...

Your child is a smiling 2 month old!!

Infants at age 2 months are just beginning to smile and interact with their parents, establishing the beginnings of a lifelong relationship. Parents will begin to learn their infant's temperament as well...noting whether they are more like mom or dad. ☺ This information sheet will help you to know what to expect developmentally over the next two months before your child returns for their 4 month WCC. Safety and nutrition will also be reviewed.

Development:

- Forearm prop when on stomach
- Use of neck muscles increases
- Rolls front to back
- Begins reaching for objects
- Squeals/laughs

Encourage lots of tummy time and stimulation with your infant, which will help your child's development. Neck muscles begin to strengthen and you will notice your child lifting their head and looking around more.

Safety:

- Never leave baby unattended
- Place infant in rear facing car seat
- Place infant on back to sleep

Nutrition:

- If you are exclusively breastfeeding, you should start supplementing your child with a vitamin D supplement (tri-vi-sol OR poly-vi-sol)
- Formula should be iron fortified
- No honey, no eggs, no peanut products
- Delay solids until age 4-6 months

When to call for our advice:

- Persistent vomiting or diarrhea
- Failure to eat
- Unusual irritability/sleepiness
- Fever greater than 100.4 rectally

If you have any questions/concerns, please call our office at 969-9611 and we will be happy to assist you. Enjoy your sweet baby!